



Kirkcaldy Heights School

*"Awaken your **courage**, reach new Heights"*

Telephone (204) 729-3291

Attendance Phone (204) 729-3290

Jaime Lombaert – Principal

Nicole Koroluk – Vice-Principal

Happy Thanksgiving

Dates to Remember:

October 4	Grade 7 & 8 Golf Jamboree - PM only at Sunnyside Golf Course
October 6	Grade 4 Soccer Jamboree - PM only
October 9	Thanksgiving Day - All Schools Closed
October 11	Grade 7 & 8 Volleyball season starts
October 13	Youth Revolution
October 20	Professional Development Day - NO SCHOOL
October 27 & 28	Mid-Season 7 & 8 Volleyball Jamboree
November 2	Administration Day - PM Only
November 10	School Remembrance Day Service
November 17	Parent Teacher Conferences - NO SCHOOL
November 25	Kirkcaldy Heights Christmas Craft & Trade Show
December 1 & 2	Season End Grade 7 & 8 Volleyball Jamboree
December 7	Professional Development Day - AM Only



Terry Fox Run

A big Thank-You to everyone who donated to the Terry Fox Foundation.
This year we raised \$400.00

School Times Grades K - 8

First bell is at **8:45 a.m.** and classes commence at **8:50 a.m.** Only students who are in the Y program and/or bus students can arrive early. All other students who arrive early will be asked to go outside. Direct supervision is only available for the Y program students & bus students so for the safety of our students please respect our start times.

At noon hour direct supervision is provided for bus students and students registered for the lunch program. All other students are requested not to return **before 12:30 p.m.** Classes begin at **12:35**. Students who are arriving earlier and do not fall into the above categories may be requested to wait at the office until **12:35**.

Lunch students who choose to leave the school at lunch time may not come back into the school grounds until 12:30.

If you have any questions, please give us a call at 729-3290.



Kirkcaldy Heights PAC Update



Thanks to all that came out to our Welcome Back BBQ on September 20th, there was a great turn out and lots of hot dogs eaten! Thank you to the parents and Grade 8 volunteers that came and helped with everything from face painting to clean up. All your help is greatly appreciated.

The East 40 Packers sausage order forms were due back at school on September 29, and a delivery date will be in October. Please watch for a firm date on delivery on our Facebook page **Kirkcaldy Heights School Parent Advisory Council**. There will be no **PAC** fundraisers now until November, when we will be running the Kernels Popcorn fundraiser again in time for Christmas.

PAC will be hosting a movie night at the school tentatively set for November 29. There will be snacks and drinks available for purchase on that evening. Please keep an eye out for details once they are finalized.

We had a good turn out for our 1st **PAC** meeting on September 13th. There was an excellent discussion on items such as fundraising for the playground, the meet the teacher day last June, and the possibility of offering something new to replace Booster Juice. We will be having another **PAC** meeting on October 25th at 6:30 p.m. in the library. We would love to see more parents out to these meetings being kept informed as to what is going on in the school, and having voice to what is being offered. Hey, you may decide that you want to join **PAC** in the future! We will also have a presentation on making healthy lunches with your kids. This demo will be at the beginning of the meeting. Babysitters are always on hand so bring your child(ren) to blow off some steam.

If you have any questions or concerns please feel free to contact us thru our Facebook page **Kirkcaldy Heights School Parent Advisory Council**, or email at kirkcaldypac@gmail.com.

Student Safety Concerns ...

Parents, guardians and visitors to our school please respect the No Stopping Zones - the City of Brandon and the Brandon School Division have designated bus loading zones in front of the school.

Please note that the parking lot is not a drop off zone. Please encourage your child(ren) to walk to and from school. If you must park please park on Kirkcaldy Drive or Kirkham Drive.



The Staff parking lot is a busy area and with parking on either side of the lot it can be very difficult for drivers to see young children walking to / from their parents vehicles. Do not park in the staff parking lot. All parking stalls are reserved for staff.

Thank-you for your cooperation!



Note To Parents:

The staff at Kirkcaldy Heights School would like to thank all parents who call the school when their child(ren) are going to be absent. It is Kirkcaldy Heights policy to locate, by whatever means, the whereabouts of absent students; therefore current home and work numbers are essential. Please update with the office when they change. Thank you! Please call 729-3290.

Volleyball Coaches needed ...

We will have 3 girls' volleyball teams this fall and are in need of another coach—volunteer parent/guardian. The season runs from the second week/third week of October until the first weekend in December. The students will play 1 game a week, and should practice at least once a week as well. Games go from 4:00 p.m. until 5:30 p.m., but usually finish around 5:15 p.m.

There are 2 Jamborees. They run on a Friday night and a Saturday until 3:00 p.m. There would probably be 3—4 games over that time which last one hour. The Jamboree dates are Oct. 27th and 28th, and Dec. 1st and 2nd. If you would be interested in coaching please contact Mr. Curtis at (204) 729-3296.



Thank-you PAC!!!

The staff and students would like to thank our Parent Advisory Council, and all the volunteers for hosting the **“Back to School Barbeque”**.

We had a great turnout of families and this event was very much appreciated by all!



**WHY FIT IN
WHEN YOU WERE BORN
TO STAND OUT?**

-Dr.Seuss

Special thank-you to Sharon Peech and Susan Down for Volunteering with the Fall Bus Evacuation Drills! Your time assisting our students was greatly appreciated!



FIRE CHIEF FOR THE DAY Wednesday, October 11th, 2017

Fire Prevention Week is set for October 9th - 13th, 2017.
This year's theme is **“Every Second Counts - Plan 2 ways out!”**



SPARKY®

Grade 4 students completed a Fire Chief for a Day Entry form and Kaia Stewart is our Fire Chief for the day. Kaia will receive a free lunch at McDonald's and spend the rest of the day touring the Brandon Fire and Emergency Services #1 Fire Hall and The Emergency Services College.



HALLOWEEN SAFETY TIPS

- Pick your trick-or-treat route ahead of time. Pick streets that are well lit and have neighbors that you know.
- Take a parent, or an older sister or brother with you when you go trick-or-treating. If someone older cannot go with you, then go with a group.
- Trick-or-treat when it is still light outside, if possible.
- Wear a costume that makes it easy for your walk and can be seen after dark.
- Carry a flashlight and use reflective tape on your costumes so that people driving cars can see you.
- If you wear a mask, take it off before crossing the streets. If possible, wear make-up instead of a mask.
- Cross only at corners. Never cross the street between parked cars or in the middle of a busy block.
- If there are no sidewalks, walk facing oncoming traffic to make sure you can see the cars.
- Do not eat your candy until you get home and an adult can check it over to make sure it is safe.



BABYSITTING COURSE

Fall 2017

Brandon Fire & Emergency Services is taking registrations for the upcoming Babysitter Training Course.



Tuesday & Thursday nights: 7:00 p.m. to 8:30 p.m.

November 7th to November 23rd (3 weeks)

Location: #1 Fire Hall, 120 - 19th Street North

Requirement - 12 years of age by December 31st, 2017

PLEASE NOTE: THIS IS A FREE COURSE. IF YOU ARE INTERESTED IN ATTENDING THIS COURSE PLEASE CALL (204) 729-2409 TO REGISTER.

DEADLINE TO REGISTER IS BEFORE October 16TH, 2017.



2017 ANNUAL BSIMA FRUIT SALE

September 25 – October 13

Oranges – Grapefruit – Mandarins
Apples & Apple Chips
Sparkling Juice Gift Pack
Juice in a Box
Organic Olive Oil
Organic Olive Oil/Vinegar Package

Orders may be placed with any Brandon School Band Student

OR

Visit our website at <http://bsima.ca> and download the order form

Bring to any BSD school with payment attached clearly marked Band Fruit Sale

Fruit will be available for pickup
at ACC Victoria Campus
November 21, 22, 23



COATS FOR KIDS



October 27th, 2017
The Town Centre
800 Rosser Avenue, Brandon, MB



Christmas Craft & Trade Show
Saturday, November 25th, 2017
10:00 a.m. - 4:00 p.m.

Kirkcaldy Heights Gym

Open to public - \$3.00 admission

Contact: leforte.jacqueline@bsd.ca

Vendors: \$35.00/table

One stop Christmas shopping experience!

A huge variety of crafts, merchandise, food and other delights!

All proceeds to the Grade 7/8 Quebec trip.



*Just a friendly
reminder...*

A reminder from Kirkcaldy
Heights Lunch Program:
Lunch Program fees are due the

1st school day of the month.

Thank-you!

Half Day PD Bussing

AM PD - PM Classes:

Your regular bus will arrive 4 hours later than their normal morning pickup time. For example if AM pickup time is normally 7:45 AM then pickup time will be 11:45 AM.

AM Classes - PM PD:

Your regular bus will arrive 4 hours earlier than their normal afternoon dropoff time. For example if PM dropoff time is normally 4:15 PM then dropoff time will be 12:15 PM.

Just a reminder that we **cannot** have any nuts/ tree nuts in our school. Please make sure when making lunches or sending snacks, that there are no nuts; that your snack is made in a nut free factory; and your snack does not say 'may contain traces of nuts'.



Volunteers with the
United Way Brandon
& District

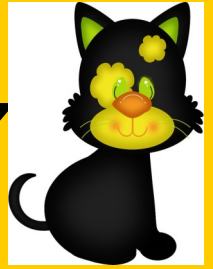
delivered school supplies for Tools For Schools. Thank you to the United Way volunteers and to our community members for donating these supplies!

Allergy Safe Snack List Ideas



- Fresh, canned, frozen and dried fruit
- V8 SPLASH, vegetable and fruit juices
- Kool-Aid, Gatorade, Powerade
- Milk, Soy Milk, Rice Milk (NO Milkshake drinks)
- Vegetable Sticks
- SUNRYPE Fruit to Go, Fruit to Go Energy Bars, Fruit & Veggie bars
- Yogurt cups and tubes
- Cheese
- Sandwich meats, ham, bologna, wieners, garlic sausage
- Pickles
- QUAKER Mini rice chips and rice cakes
- KRAFT JELL-O Delicious Duos pudding snacks
- MAGIC MOMENTS Old Fashioned Rice Pudding and Tapioca
- CHRISTIES CRACKERS - Triscuits, Wheat Thins, Sociables, Swiss Cheese
- RITZ - regular and cheese only (NO sandwich variety, NO Ritz Bits, NO Snack Mix)
- CRISPERS - All Dressed and Ranch, Toppables, Premium Plus crackers & whole wheat
- SNACKWELL Potato Thins - Sour Cream and Onion, All Dressed and BBQ
- CHRISTIES - Honey Graham Wafers, Teddy Grahams (Chocolate and honey)
- Bamum's Animal Crackers, Dinobites, Arrowroot cookies, Fig Newton's, Oreo regular, double stuff and chocolate creme (NO Mini Oreos), Fudgee-0 and double stuff
- SNACKWELLS Creme Sandwich white
- SUPERSTORE - Yellow Box NN Animal Crackers, Ritz style crackers, low fat pretzels
- Air popped popcorn
- Cereals - QUAKER Life, Corn Bran, Oat Squares, Oat Bran, Puffed Rice, Puffed Wheat, Cap'n Crunch, Quaker Spuds
- KELLOGG'S Mini Wheat's Original, Honey & Brown Sugar varieties, Apple Jacks, Corn Pops, Froot Loops, Crispex
- POST'S Alphabits. Marshmallow Alphabits, Honeycombs, Shreddies regular
- GENERAL MILLS Cinnamon Toast Crunch, Lucky Charms, Golden Grahams
- KELLOGG'S NutriGrain bars, Bakes Muesli bars, Poptarts, Poptart Stix, Poptart Danish
- JELL-O refrigerated pudding cups and cheesecake cups
- BETTY CROCKER fruit roll-ups, Fruit by the Foot, Fruit Snacks, Fruit Gushers
- HAWKINS Cheezies
- NESTLE Chocolate Bars - Aero, Mirage, Kit Kat, Coffee Crisp, Smarties (NO M & M's)
- TREBOR ALLAN Candy Berries, Fuzzy Peach, Gummies, Cherry Blasters, Sourpatch Kids
- LAYS chips
- SUN chips
- Jolly Rancher and Mr. Freeze freezies

Avoid all products containing peanuts, nuts, nut or coconut oil and displaying a peanut, nut warning. NO bulk food bin items or bakery items- cross contamination reasons. No lotions containing nut extracts or oils. Please check ingredient labels every time on every package. Ingredients can change.



October 2017

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1	2 Day 6	3 Day 1	4 Gr. 7/8 Golf Jamboree - Sunnyside G.C. Day 2	5 Day 3	6 Gr. 4 Soccer Jamboree - PM only Day 4	7
8	9 Thanksgiving All Schools Closed	10 Day 5	11 Gr. 7/8 Volleyball Season Starts Day 6	12 Day 1	13 Youth Revolution Day 2	14
15	16 Day 3	17 Day 4	18 Day 5	19 Day 6	20 Professional Development Day (K-12)	21
22	23 Day 1	24 Day 2	25 Day 3	26 Day 4	27 Mid-Season 7/8 Volleyball Jamboree Day 5	28
29	30 Day 6	31 Trick or Treat! Day 1				